

WOMAN'S HERALD

Devoted to the Household, the Fashions and the Activities of Women.

MARY MARSHALL, Editor.
DAILY DEPARTMENT OF THE
WASHINGTON HERALD
Correspondence is invited. Address
all communications to the Woman's
Editor of The Washington Herald.
WEDNESDAY, AUGUST 25, 1915.

TWILIGHT SLEEP AGAIN.

The twilight sleep question has been revived with the death of Mrs. Francis X. Carmody, the first American patient to undergo the Freiburg treatment, and one of the most indefatigable lecturers on the subject. Last winter she was heard in Washington and the enthusiasm that she felt for the new treatment was imparted to most of those who heard her at that time.

Whether or not she was actually under twilight sleep at the time of her death does not seem to be clear. The New York hospital authorities who had charge of the case and Mrs. Carmody's family, widely enough, have not been disposed to make public the details of the matter.

But even persistent denial of the first rumor that Mrs. Carmody's death was due to the effects of the scopolamine treatment will not remove the damper that this unfortunate occurrence will cast, for a time at least, on the spread of the twilight-sleep craze.

In the meantime professional opinion differs widely. One of the first physicians to take up the treatment in hospital work now declares that the new treatment is a "dead issue." Another leader of his profession, who was at first skeptical, is convinced that it is "the greatest boon ever granted to mothers."

Have you heard of Missouri's new holiday?

It is to be celebrated a week from today—on September 1—and it is to be known as "Fried Chicken Day." The idea is that on that day every one is to feed upon that most famous of Missouri delicacies, and if possible to have the "chicken feast," as a part of an open air picnic.

Not a bad idea, that, is it?

At a recent jeweler's convention the fact was pointed out that if it were not for jewelry one-half of the detective force would be out of a job, the jails and prisons would be only half filled, and burglars would have to go to the poor house.

Why doesn't some well-meaning individual with nothing else to do start an association for the suppression of jewelry? At least, such an organization would have the advantage of being original.

At this same Jeweler's convention the fact was let out of the bag that in the future there will be styles in jewelry just as there are in millinery.

A last year's ring will look just as out of place if such things come to pass as a last year's bonnet. It's not very hard to guess the motive in such a prediction.

Sometimes we think that American school conditions are not all that they should be. But when we think of what they are in some of the war-ridden countries we are well content with conditions as they are here. In Rhine the children go to school in a subcellar of a champagne establishment, where they will be reasonably safe from the devastation of shells. There are a dozen airships in one such school, and a goodly supply of kerosene lamps to give light on dull days. One hundred and fifty children are instructed by three teachers.

You don't much blame the Belgians for refusing to use the term "kindergarten," do you? The classes for the little tots they now call the "ecole maternelle." Probably some ardent anti-Tentons here will follow suit.



August 25—Elizabeth Pole, Adelaide Eugene Louise.

Adelaide Eugene Louise was a French princess, born August 22, 1874. She was the sister of Louis Philippe and was in exile from 1792 to 1814, at the hands of the Bonapartists. In 1830 it was she who urged Louis Philippe to accept the crown of France offered to him.

Elizabeth Pole, who was born in Devonshire, England, 1888, is one of the most interesting types of American womanhood—the pioneer type, who fought her way side by side with the men to make this country a place where white men could live.

She was fifty when she left her native land and ventured on the unfriendly New England soil. She was the daughter of Sir William and Catherine Popham Pole, of noble lineage. She came here with her younger brother and apparently had never married. They went first to Dorchester, Mass., and from there to Cohasset, where she was owner of much of the land upon which the town was built. Gov. Winthrop says of her that "she endured much hardship and lost much cattle" during the first hard winters of the colony.

Later she went to Taunton, where she was one of the leading landholders and a leading light in local affairs. In 1688 the women of Taunton erected a monument to her in which they designate her as "the founder of Taunton." She was, according to contemporary records, noted for her "piety, liberality, and sanctity of manners."

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Gala Day in Brooklyn.
Society women of Brooklyn, N. Y., will stage soon the Brooklyn Historical Pageant, the biggest show of the kind that the borough has ever seen. Events since the first settlement here 300 years ago, will be portrayed by the society women in a dozen episodes of spectacular beauty. Mrs. August Grever, head of the pageant committee, the schools, military and civic organizations have joined with the society women in the presentation.

Kaiser Picture Down; He'll Protest.
Norfolk, Va., Aug. 24.—The authorities of the Naval Y. M. C. A., \$300,000 building, a gift from John D. Rockefeller, have removed from the walls of the writing room a large picture of Kaiser William, which had hung there for several years. The Hoffmeyer, a German artist, threatens to take the matter to the Navy Department.

PROMINENT society folk who appeared in the tableaux at Bar Harbor for the benefit of the Building of Art at that resort. Mrs. J. G. Maupin, as the "Duchess of Devonshire," after Gainsborough (to the left), and Miss Jeanne Emmet posed after the style of Greuze.



TOMORROW'S MENU.

"Tea and coffee were there; a jug of water for Hewson."—Clough.

BREAKFAST.

Buttered Toast
Cereal and Cream
Cranberry Sauce
Coffee

LUNCHEON OR SUPPER.

Cold Tea
Crisp Potatoes
Apple Sauce

DINNER.

Cream of Lima Bean Soup
Roast Beef
Hashed Potatoes
Lettuce Dressing
Pastry
Cranberry Sauce

Creamed Liver on Toast—Chop fine some cold cooked liver, reheat in white sauce and serve on buttered toast.

Corn fritters—Mix three eggs, two cups of milk, a pinch of salt, two cups of flour sifted with a teaspoonful of baking powder. Beat well and add two cups of grated corn. Drop by spoonfuls into hot fat and brown.

Lettuce greens—Boil lettuce in salted water until it is very tender. Then drain it in a colander and chop it fine. Measure a tablespoonful of butter and half as much flour for each quart of the green and blend them in a frying pan, adding the lettuce when the butter and flour are smooth. After four or five minutes' stirring add salt, pepper and a quarter of a cupful of cream. Stir until the cream is hot and serve.

Frisco Fair Host to 11,000,000.

San Francisco, Aug. 24.—Eleven million persons visited the Panama Exposition since it was opened on February 20, it was announced today.

TODAY'S FASHION NOTE.

"I have heard mothers say that these things are foolish and unreasonable; that they raise a child who does not understand what they mean, and make him really dead and boorish in the end in his revolt against an early compulsion to observe them."

"I never fused with Jack to make him learn those things," said one mother at a club meeting, where we were discussing this matter. "I never allowed him to speak impudently to me, and I taught him to obey me when I told him to do anything, but as for all that hat-raising business and standing until older people were seated, I left that until he was grown. I didn't want to make an imitation man out of him."

Well, I have recently met Jack, and he is not an imitation man at all. He is sorry to say he lacks the polish which rounds off the rough corners and makes human intercourse pleasant and possible. Unimportant as these little observances are, they are the wheels which make our social life go round. I do not mean mere society life, but that social life in its larger sense which includes all we have to do with our fellow-men and is only made possible by a kindly consideration for each other.

"The fact that high speed laws avoid the fact that the lives of pedestrians are placed in greater danger," said Mr. Peabody. "If a big automobile is going at the rate of eighteen or twenty miles an hour in the heart of the city and tries to stop suddenly, it will skid far enough to hit a person it would otherwise avoid striking."

Changes in Personnel.
The Department of Commerce yesterday announced the following changes:

Miss Helen Wrenn has been temporarily appointed as expert clerk at \$75 in the Bureau of Foreign and Domestic Commerce.

In the Bureau of Standards, Morris Creditor, shop apprentice, has been promoted to \$50, and J. Williamson, apprentice, has been promoted from shop apprentice to skilled laborer at \$75.

In the Lighthouse Service, Emil M. Tanager, keeper of Stratford Shoal Light Station, N. Y., has resigned; Martin W. McKelso, clerk, has been transferred from the Nineteenth District at Honolulu to the Eleventh District at Detroit, Mich.; John Cantelberg has been provisionally appointed as assistant keeper of Half-moon Reef Light Station, Tex., and Anthony W. Peshek, clerk at Detroit, Mich., has been designated as chief clerk and special disbursing clerk, with bond at \$5,000.

Aunt Chatty's Mothers' Club
Conducted by Mrs. Charity Brush

TEACHING THE BOY MANNERS.

THIS is a real Mothers' Club, for the benefit of mothers everywhere who are struggling with questions of discipline, training, education, clothing, for the children. Write to Aunt Chatty of problems which are vexing you, and she will advise and help you to a solution of them. Write to her, too, of your own discoveries, of methods you have found successful in smoothing the rough paths of life for the tender, childish feet, that through the Mothers' Club your experience may be of benefit to other mothers who are still tangled in the web of perplexity you have so happily unraveled.

Co-operation is the secret of success in any business; so why not in the business of motherhood, that highest and holiest calling which always has been and always will be woman's crown of glory, no matter what other avenues of usefulness may be opened to her? Address Mrs. Charity Brush, care of this paper.

How many of you who have boys to rear have begun to teach them the small courtesies of life—raising the hat when they greet an acquaintance on the street, rising to their feet when an older person enters the room, stopping aside to let an older person pass through the door first, all the little apparently meaningless things that really mean so much in our intercourse with each other?

That is a long question, but I want you to ponder it long, too, you members of the Mothers' Club who read this talk. I have heard mothers say that these things are foolish and unreasonable; that they raise a child who does not understand what they mean, and make him really dead and boorish in the end in his revolt against an early compulsion to observe them.

"I never fused with Jack to make him learn those things," said one mother at a club meeting, where we were discussing this matter. "I never allowed him to speak impudently to me, and I taught him to obey me when I told him to do anything, but as for all that hat-raising business and standing until older people were seated, I left that until he was grown. I didn't want to make an imitation man out of him."

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Answers to Correspondents.
Mrs. W. C. A. writes: "My boy wants to learn to swim, but I am afraid to let him begin; he is only 8 years old and I have always had a terrible fear of the water. I wish you would tell me not to let him learn."

I shall not tell you anything of the sort. I think every child, boy and girl, every man and woman, should know how to swim. By all means let him learn, but while he is small do not let him swim in unguarded places, and let him learn to swim in a swimming pool, with him to help in case of accident.

Mrs. G. S. J. writes: "I live out in the country, far from a good store, and never see the new styles. My girl is 13 years old and is beginning to want pretty clothes. How can I find out what to get for her?"

You might take a good fashion magazine, for one thing; there are several issued by pattern houses from which you can buy the patterns for gowns you may like. There are also mail-order houses in New York and Chicago where you can get pretty ready-made clothes. They will send you their catalogues on application.

HOROSCOPE.

Wednesday, August 25, 1915.

Astrologers read this as rather an unimportant day, but Mercury is in exaltation. Saturn and Uranus rule for good. It is not a fortunate time for signing public documents or for entering into important contracts.

Letters and writings have an adverse ruling, which is held to be exceedingly unlucky for lawyers as well as for authors.

Theaters continue to be subject to a away forecasting sweeping changes in amusement affairs in all parts of the United States. While pictures will make money for certain producers, losses are indicated.

Actors and actresses are warned of a tendency toward severe discrimination and apparent injustice, which will lead to better conditions in the future. The execution of a man in a place believed to be lucky for miners and all who seek wealth in the ground is believed to give encouragement to speculation in certain stocks.

Copper and iron are subject to a fortunate direction. Strikes are indicated by the planets and labor difficulties will multiply. The domination of a young woman will be felt in many of the trades.

Increases of crime of violence is prophesied. It will end his career, but he will awaken public sentiment against capital punishment, it is foretold.

Farmers have happy omens for the autumn, which will bring them much gain.

The serious illness of a man who has been much in the public eye is prognosticated. It will end his career, but he will awaken public sentiment against capital punishment, it is foretold.

Persons whose birthdays it is have the augury of an active year. They should be careful concerning indorsements.

Children born on this day should be exceedingly industrious and persevering. They may be imaginative and inclined to be untruthful. Mercury is their principal ruling planet.

RED CROSS IS MARVEL.

Works Wonders in Alleviating Sufferings of Wounded.

In past campaigns a wounded soldier had to undergo a painful journey to the rear of the fighting line before his injuries could receive attention, but today stricken warriors are not carried to the hospital for the hospital is literally brought to them.

That this is not an exaggeration will be realized when it is mentioned that in the French army they have motor hospitals carrying a surgeon's folding tent, an operating table, and a complete X-ray apparatus for locating bullets. These vehicles are saving scores of lives by promptly treating wounded soldiers less than half an hour after they have been hit by bullet or shell splinters.

The hospital motor cars speed about the battlefield in the rear of the trenches and when a man is found seriously wounded, the operating tent and its accessories are erected in less than fifteen minutes.—Tit Bits.

German U-Boat Aground.
London, Aug. 24.—A dispatch to the Morning Post from Petrograd says: "In addition to the German losses previously reported in the Riga battle, a German submarine was run ashore on the coast of Dago Island in the Baltic Sea, just outside the Gulf of Riga, and doubtless also is lost."

Save The Baby
Use the reliable
HORLICK'S
ORIGINAL
Malted Milk

Upbuilds every part of the body efficiently. Endorsed by thousands of Physicians. Mothers and Nurses the world over for more than a quarter of a century.

Convenient, no cooking nor additional milk required. Simply dissolve in water. Agrees when other foods often fail. Sample Free, HORLICK'S, Racine, Wis. No Substitute is "Just as Good" as HORLICK'S, the Original.

HOUSE-
-WIVES
DAILY
ECONOMY
CALENDAR
APPLES FOR TOMORROW.

Apple butter—Wash and cut up without peeling one-half peck of tart apples; put them in a preserving kettle, adding one quart of cider; cover the kettle and boil the fruit until tender. When cooked, remove the fruit from the fire and rub it through a sieve, return the pulp to the kettle, place it over a slow fire and boil it thirty minutes, stirring all the while. Then measure the pulp, and to each quart put two cupfuls of sugar; also add one-half teaspoonful each of ground cloves and cinnamon and boil twenty minutes. Put the sauce into stone or glass jars and seal them tightly.

Apple sweet—Peel and cut one-half peck of large sweet apples into halves or quarters and drop them at once into cold water; then place them in a preserving kettle, covering them only with water and boil until tender. Then remove the apples from the kettle and lay the pieces so as not to break them up on a large flat platter.

In the meanwhile place two pounds of sugar and two pints of water over the fire, adding the juice and peel of two large lemons. When the syrup boils put in the apples and cook them five minutes more. Fill the jars with syrup after the apples are in them and seal.

Ginger apples—Peel one-half peck of medium-sized tart apples and cut them into quarters; remove cores and drop apples at once into cold water, adding the juice of one lemon. Pick over and wash two ounces of green ginger and then cut it up into small pieces.

Place the preserving kettle with three pounds of sugar and one quart of water over the fire, drop in the ginger and boil five minutes; then put in the apples and cook them until a straw will pierce them easily. Remove the apples with great care from the kettle and put them in the same manner into the jars, continuing to boil the syrup for ten minutes after the apples have been taken out. Fill the jars to overflowing with the syrup, cover, and set them upside down until cold. Instead of green ginger, one-half ounce of tincture of ginger may be used.

Canned apples—Peel one-half peck of tart apples, cut them in quarters and remove cores; wash as prepared; put the apples into cold water to which the juice of one lemon has been added. Have ready five pints of syrup, put the apples in a boiler with the syrup, and place the jars in a boiler with the water coming to within an inch of the top of them, and cook about twenty minutes.

For the syrup, put three and one-half pounds of sugar and two and one-half pints of water in a preserving kettle, stirring until nearly boiling and always removing the scum that rises. Use as directed.

(Copyright, 1915.)

Mother of Mayors.

Mrs. Minna Molman, of East St. Louis, has the unique distinction as the "mother of mayors." Two of her sons are in the city of St. Louis in the April elections. Fred W. is now mayor of East St. Louis and his brother, Julius, is mayor of St. Louis. Mrs. Minna Molman, who is 73 years old, is proud of her boys. She says they have never forgotten her, and have been more devoted to their families than to politics.

SUPERFLUOUS HAIR
MUST BE ATTACKED
UNDER THE SKIN

It has been proved by the world's greatest authorities that hair is bound to grow out coarser and stiffer after removal unless it is destroyed at the root. It is impossible to devitalize hair with pastes and rub-on preparations because they only remove hair from the surface of the skin.

De Miracle, the original liquid depilatory, devitalizes hair by attacking it under the skin as well as on the skin. It is the only depilatory that is as effective as pastes and rub-on preparations, because they lack certain ingredients that De Miracle alone contains, which give it the power to rob hair of its vitality.

Buy a bottle of the genuine De Miracle today and you will get the original liquid depilatory. It is a guarantee in each package which entitles you to the refund of your money if it fails.

De Miracle is sold in three sizes, 50c, \$1.00 and \$2.00. The larger sizes are the most economical for dermatologists and large users to buy. If your dealer will not supply you, order direct from us. The truth about the treatment of superfluous hair is set forth in a plain sealed envelope on request. De Miracle Chemical Co., Dept. F, Park Ave. and 175th St., New York.

AMUSEMENTS.

GLEN ECHO
ADMISSION FREE
FOX TROT
CONTEST
TODAY

GAYETY
LEW KELLY
and the
Behman Show
Direct from 16 weeks at the Columbia Theater in New York.

MONTGOMERY COUNTY FAIR
ROCKVILLE, MD.
AUGUST 24, 25, 26 and 27

Everything is now completed for the Annual Fair. Do not fail to come to see the decorated automobile parade, also the many other features of the fair. A number of harness and running races every day. A good band will furnish the music.

Do not fail to see the poultry exhibit. Take 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

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